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8th May 2021

Webinar On

Effective Conflict Resolution and Teamwork Skills

Topic - Effective Conflict Resolution and Teamwork Skills

Resource Person

Mr. S. Yuvaraj,
Assistant Professor,
Department of Psychology, Christ University, Bengaluru.

Timing 10.00 AM – 11.00 AM

The Department of Psychology had organized a webinar on the “Effective Conflict Resolution and Teamwork Skills” on 8th, May 2021. Mr. S. Yuvaraj, Assistant Professor, Department of Psychology, Christ University, Bengaluru was invited as a guest speaker to conduct this webinar.

The students and Faculties of PERI College of Arts and Science and other colleges had participated in this Webinar. A total of 100 participants attended this webinar. The program commenced at 10 AM. The Program started with a welcome address given by Mrs. Aruna J, Assistant Professor, Department of Psychology, Peri College of Arts and Science. A special and warm welcome was conveyed to the chief guest, for his presence. Then Mrs. Aruna J introduced the speaker Mr. S. Yuvaraj, Assistant Professor, Department of Psychology, Christ University, Bangalore. Mr. Yuvaraj is a passionate teacher and a Psychologist. He is a trained transactional analyst and been a trainer in Handwriting, Memory Techniques, Calligraphy, Vedic Maths, Stress Management, Conflict Resolution and Management & Motivational Training for both students and teachers. His research interest includes positive psychology, criminal psychology, counselling psychology, social psychology, health psychology, abnormal psychology and transactional analysis.

Our speaker, Mr. S. Yuvaraj greeted the gathering. During this webinar, the speaker gave an overview about

The systematic approach to effective conflict management

Focused on some underlying principles of conflict management models such as:

1. Conflict is inevitable and that both positive and negative consequences may occur depending on how the conflict is managed.
2. The results are likely to be better with active engagement rather than avoidance.
3. People must be motivated to address conflict.
4. Behavioural, cognitive, and emotional skills can be acquired.
5. Emotional skills require self-awareness.
6. The environment must be neutral and feel safe

Further he also narrated his own life experiences in handling conflicts.

Students of Peri College of Arts and Science and other college students had actively listened and interacted with the speaker, and also came up with the brainstorming solutions to the problems posted by the expert.

The webinar was concluded with vote of thanks by Mrs. Aruna J, Assistant Professor, Department of Psychology, Peri College of Arts and Science. Heartfelt thanks extended to the Chairman, Mr. Saravanan Periyasamy and COO, Mr. Sasi Veerarajan, and the Principal, Dr. A. Gunasekaran, Vice Principal, Dr. V. Simson Rajkumar and Head of the Department, Dr. P. Nirmala. Special thanks conveyed to the guest of honor, Mr. S. Yuvaraj who accepted to deliver the lecture and graced the event. She also thanked her faculties and the administrative staffs for the grand success of the event. Feedback link was sent to the participants and recorded.

Students had also given a good feedback about the webinar stating that they understood the importance of conflict resolution strategies and implementing it effectively in their personal and professional life would positively impact their well-being.

1. Invitation

PERI

COLLEGE OF ARTS AND SCIENCE

DEPARTMENT OF PSYCHOLOGY
ORGANIZES
WEBINAR ON

EFFECTIVE CONFLICT RESOLUTION AND TEAM WORK SKILLS



MAY
8
2021
10 AM

Resource Person:

Mr. S. Yuvaraj

Assistant Professor
Department of Psychology
Christ University
Bangalore.



Dr. A. Gunasekaran

Principal, PERI College of Arts and Science

Dr. V. Simson Rajkumar

Vice - Principal

Dr. P. Nirmala

Head, Department of Science

Mrs. J. Aruna

Assistant Professor,
Department of Psychology

GOOGLE MEET:

<https://meet.google.com/juv-kots-fwk>

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Other Means of Communication

Dear Aspirants,
Warm Greetings from PERI Education, Chennai, Tamilnadu.

We are glad to inform you that * Science Department, Peri College of Arts and Science, is organizing a Webinar on "Effective Conflict Resolution and Team Work Skills"

Session Details:

Date: 08th May 2021, Saturday
Time: 10.00-11.00 AM

Chief Guest:

Mr. S. Yuvaraj
Associate Professor
Department of Psychology,
Christ University
Bangalore.

Dr. A. Gunasekaran
Principal

Dr. V. Simson Rajkumar
Vice-Principal

Dr. P. Nirmala
HOD, Department of Science

Mrs. J. Aruna
Assistant Professor
Department of Psychology

Webinar mode: Google Meet

Google meet link : <https://meet.google.com/juv-kots-fwk>

Students and faculties are invited to participate.
E- certificates will be provided to all the participants.
Thank you.

Guest Speaker Mr. S. Yuvaraj interacting with the Participants

